



LEVEL 1 ADOPTABLE DOG WALKING TRAINING

Schedule for Today

Welcome

Tour/Tool Practice

Walk Dogs

Wrap Up

Cell phones off, please.

Welcome

Trainer introductions
Trainee introductions



Dog Walking – Why?

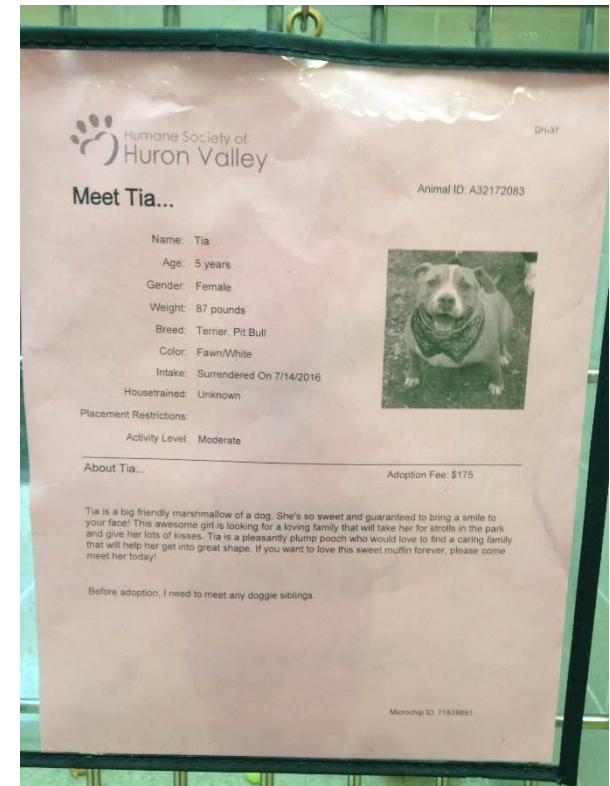
The Program & Purpose

- Reduce stress
- Teach skills
- Promote health
- Socialize
 - Spending time with animals



Who do we walk?

- Safe body language
- 4 months or older
- Blue or Pink Cage Card
- White cage card with yellow sticker
- Are you comfortable?
- Red Circle dogs first out and last out



Who don't we walk?

☐ Staff only



Just Chillin'

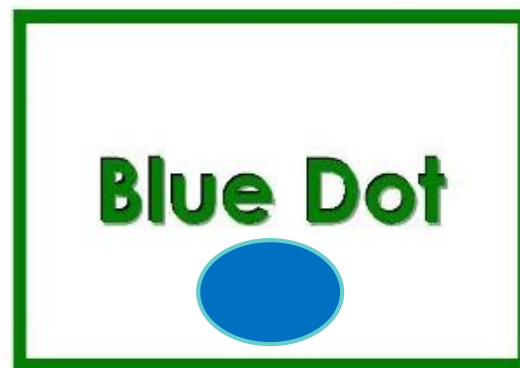
Sorry, I'm not available for adoption.
For information see the Front Desk.

☒ Staff Only -or- ☐ Volunteers OK

Placed by _____
(staff first name)

Who Don't We Walk?

- Blue Dot
 - ▣ Challenging behaviors
 - ▣ Fearful



- White Cage Card with No Yellow Sticker



Walking and Safety

Safe Humans

- Choose an appropriate dog. Return them if too challenging.
- No distractions (cell phones, friends, family)



- Emergency? → Immediately inform staff
- Injury? → Immediately inform staff

Safe Dogs

- No dog introductions.

- ▣ Nose to nose
- ▣ Keep distance

- Playground Safety

- Dog gets loose? → Yell “Loose Dog!”

- Dogs start to scuffle? → Immediately get staff



Tour and Tools

Tour Group (Take a 5 minute Break)	Tool Practice Group
Where do we walk?	How to hold leash
How do we use note and logs?	Leash wrap
Which dogs do we walk first?	Easy Walker Harness
Behavior alert board/note board	Metal Leash Extender

Walking Tools

- **Animal behaviorists use our notes to decide which tool to use**
 - Consistency is key – use the tools!
- **Tools could include**
 - Standard purple leash (can be used to “step on the leash”)
 - Easy Walk harness (attach leash to both collar and harness)
 - Leash wrap
 - Treats provided by HSHV- no outside treats
 - Metal Leash Extender



Tools stored in bucket or attached to kennel



How to hold leash

- ❑ Two hands on leash. Do not wrap around arm.



- ❑ One hand holds handle. Other hand holds further down on leash.

Using a Leash Extender



Leash Handle

Clip this end to the
dog's collar

Clip the metal loop of
the extender to the clip
of the leash

Walking Tools-Harness

Easy Walk Harness



Label- left shoulder
Different color – under belly
Leash clip – on chest
Collar – also clipped



Clip leash to collar

Walking Tools-Leash Wrap

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Leash Wrap



Loop wrap under dogs belly and through the martingale collar

Time to Practice/Break Time



- Practice Harness Placement & Leash Wrapping on stuffed dogs
- Take a 5 minute Break (while trainer gets a real life dog)
- Practice Harness & Leash Wrapping again on real-life dog



Before we walk some dogs...

Dog Walking Best Practices

- At least 20 feet between dogs. Pay attention to other dog walkers and customers.
- Be quick and purposeful in the “red zone”
- Dogs are strong, don’t tug backwards but turn your body.
- Walk trails **before and after** going to the play yards.
- Ignore bad behavior, reward good behavior.



Dog Walking Best Practices

- If a dog is mouthing....
 - ▣ Offer a stuffed toy
- If a dog is jumping....
 - ▣ Step on leash and wait for the dog to calm down, no eye contact or talking
- If a dog is pulling....
 - ▣ Wrap leash around abdomen and thread through martingale loop
- Always NOTE any of these behaviors on Behavior Alert board

Dog Behavior: The Basics

- When dogs stay in the shelter environment, they can become stressed, nervous, excited or depressed
- While you're working with the dogs, be aware of their stress relieving behaviors – see Body Language of fear in dogs below.
 - Some dogs will be ready to walk when you get to the kennel
 - Other dogs may need you to sit with them for a bit before venturing out- Don't rush! Take the time!

Dog Behavior Basics: Happy Dog

□ The happy and content dog that is ready for a walk

I'm ready for a walk!
See my ears and tail?



My head is up and
in a normal position.
My tail is wagging.

I'm being playful. Look
at my play bow.



Dog Behavior Basics: Go Slow



I'm nervous and unsure. I am using the wall to feel safe. Give me some time, please.



I'm feeling stressed. See my ears and tongue? I need more time to feel comfortable.



We will need more time before our walk

Body Language of Fear in Dogs

Body Language of Fear in Dogs



Slight Cowering



Major Cowering

More Subtle Signs of Fear & Anxiety



Licking Lips
when no food nearby



Panting
when not hot or thirsty



Brows Furrowed, Ears to Side



Moving in Slow Motion
walking slow on floor



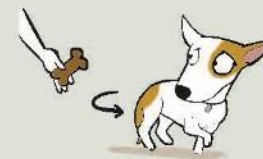
Acting Sleepy or Yawning
when they shouldn't be tired



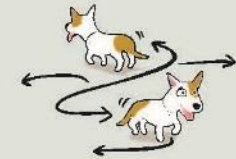
Hypervigilant
looking in many directions



Suddenly Won't Eat
but was hungry earlier



Moving Away



Pacing

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The Art and Science of Animal Behavior



Dog Behavior: Review



- Is this dog ready for a walk?
 - ▣ What specific body language do you see?
 - ▣ How would you respond?

Dog Behavior: Review

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- Is this dog ready for a walk?
 - What specific body language do you see?
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Dog Behavior: Review

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- Is this dog ready for a walk?
 - ▣ What specific body language do you see?
 - ▣ How would you respond?

Let's Walk Some Dogs!

- Grab your things and let's head down to DogTown!





Welcome back

What came up?
Best Practices
Q/A

Pre-shift set up

- ❑ No laundry before.
- ❑ Dress for weather. Dress for dirt.
 - ❑ Icy paths
 - ❑ heat
- ❑ Aprons are helpful.
- ❑ Closed toe shoes with good traction.



Scheduling

- Be consistent. Schedule often and before you come in.
- We ask that you commit to at **minimum 4 hours/month**.
- Shifts are available 7:30am every day through 15 minutes before we close. M-W 6pm; Th-F 7pm; Sa-Sun 5pm
- Holidays 8am-10am.
- Ideally, we like dogs to have 4 walks/breaks per day:
 - ▣ **1st Walk:** between the hours of 7:30-10am
 - ▣ **2nd Walk:** between the hours of 10-2pm (10-1pm on weekends)
 - ▣ **3rd Walk:** between the hours of 2-4pm (1-3pm on weekends)
 - ▣ **4th Walk:** 4-close (3-close on weekend)

Advancement



There are many opportunities to advance:

- **0 to 10 hours-** Walk adoptable shelter dogs around back and front yard
 - Time to learn the basics- leash wraps, harness, choosing the right dogs, who is who with volunteers
 - **10 hours:** Can do the Self-Study Runner training for Play Groups that is posted on the Resource Library Page
 - **NO Blue Dot dogs**
- **20+ hours of dog walking-** Walk down Cherry Hill
 - Leaving for an extended period of time (20+ minutes), tell a shelter shift supervisor
 - Blue Dot Dog Walking
 - K9 Running Club
 - Take our long time residents first
 - Volunteer can do overnight with adoptable dogs (See Foster Care Manager)
- **40 + hours of dog walking-** Holding Training
 - Pack Hikes- Wednesday and Saturday mornings
 - Holding Training
 - Offsite Events/Dog Meet and Greet
 - Can attend a Cat Comforting Training to walk dogs and comfort cats (just not on the same day)
- **75+ hours of dog walking-** Head Start Dog Walkers (as needed)
 - Preselected dogs to preselected volunteers

Dog Walker Trainers & Mentors

- Here are the HSHV approved dog walker trainers. When signing up for dog walking shifts, you can see the names of other dog walkers signed up for that day.
- You can seek advice from any of these trainers if you are here when they are :
 - ▣ Candace Stuart
 - ▣ Lisa Jevens
 - ▣ Kent Purdy
 - ▣ Laura Reese
 - ▣ Marcia Young
 - ▣ Deborah Linder

Need Anything?

Please come and see anyone from the volunteer department.



Tawn
tawnh@hshv.org



Ashley
ashleyr@hshv.org



Karen
karenp@hshv.org

Behavior Team -- happy to help

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Tareasa



Kyle



Angela





Thank You!
For Being a Dog Advocate!