



# Pet Loss Support Group

You don't have to face the loss of a pet alone.

If you are struggling with end of life decisions or if you have already lost a pet, HSHV provides a Pet Loss Support Group so that you can connect with other people who are trying to manage at this difficult time. We urge you to consider attending one of the sessions. The group is open to the public, drop-ins are welcome, and meetings are typically held every third Sunday of the month at the Humane Society of Huron Valley (check our calendar for up-to-date information). The sessions are facilitated by Colleen O'Brien of Blue Dog Counseling.



Colleen O'Brien, founder of Blue Dog Counseling, is an expert at developing creative therapeutic interventions to support individuals, couples, families, and other groups. Her personal commitment to animal welfare, her own experience as a devoted pet owner, and a passion for supporting people led her to create Blue Dog Counseling. Colleen is dedicated to providing a safe, open, and creative space for discussion. A place where you can take time for yourself.

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Meetings are in the Humane Society of Huron Valley conference room

3100 Cherry Hill Rd, Ann Arbor  
select Sundays 1-2:30 pm.

See [hshv.org/petloss](https://hshv.org/petloss) for upcoming dates.